Ski Lesson Programs for ages 3 through Adult

AGES 3 & 4

FIRST TIMERS | LEVEL 1

Kinderschuss

(Pronounced: Kinder-shoosh)

45-Minute Group Lesson | \$199.00

Designed to introduce young children to the fun of alpine skiing in a social group setting. Skills are introduced through fun games and activities focusing on balancing, walking, sliding and gliding. If your child has completed one season of Kinderschuss, we suggest the Mini Trackers program. Children should be potty trained and willing to participate. Price includes the use of rental equipment at no additional charge.

Monday 4 P.M. Tuesday 4 P.M. Wednesday 4 P.M. Thursday 10 A.M., 11:15 A.M., OR 3:30 P.M. Friday 10 A.M., 11:15 A.M., OR 3:30 P.M. Saturday 9 A.M. or 10 A.M. Sunday 9 A.M. or 10 A.M.

AGES 6 & 7

ALL LEVELS

Junior Trackers

75-Minute Group Lesson | \$239.00 (\$299 with rental equipment)
This age group is energetic and eager to learn! We're here to show first-timers the ropes and mini-experts how to hone their skills. New skiers will begin with introduction to basic movement patterns while those with previous experience will continue to improve old skills & learn new skills for advanced terrain.

Monday 5:15 P.M. Tuesday 5:15 P.M. Wednesday 5:15 P.M. Thursday 4:30 P.M. OR 6:15 P.M. Friday 4:30 P.M. OR 6:15 P.M.

Saturday 9 A.M. OR 11 A.M. Sunday 9 A.M. OR 11 A.M.

AGES 10 - 17

LEVEL 4 | LEVEL 5 | LEVEL 6

Turn & Track

60-Minute Group Lesson | \$259.00 including weekly after-lesson ticket This program is designed skiers who have progressed their skills enough to be independent on both lifts & trails. A one-hour lesson experience aimed to improve skills with a lift pass to practice newly acquired skills after the lesson. Students are released from instructor's supervision after 60-minute lesson. *Inquire at Pro Shop for equipment leasing (season-long rental) specials.*

Required: Minimum Skill level of 4 & have their own equipment.

Friday 6 P.M. (ticket 7 P.M. – 9 P.M.) **Saturday** 9 A.M. (ticket 10 A.M. – 4 P.M.)

AGES 13 - 99

ALL LEVELS

Grown-up Trackers

75-Minute Group Lesson | \$249.00 (\$299 with rental equipment)
This program is designed for Adults and Teens! Students will enjoy the group
atmosphere of learning comfortably with their peers! Whether you're coming back to
after some time off or you're starting a new adventure our instructors have you
covered! After your lesson, enjoy some free skiing until lifts close!

Thursday 6:15 P.M. Friday 6:15 P.M.

AGES 4 - 5

FIRST TIMERS | LEVEL 1 | LEVEL 2

Mini Trackers

60-Minute Group Lesson | \$219.00 (\$279 with rental equipment) This course is for those who have completed one season of Kinderschuss as well as those of age who are newcomers to the sport. Minit trackers are organized into groups based on their indicated skill level at registration and their age. Newcomers will be introduced to the basics while students with some experience will move on to bigger and better techniques!

Monday 4 P.M. Tuesday 4 P.M. Wednesday 4 P.M. Thursday 4:30 P.M. Friday 4:30 P.M. Saturday 9 A.M. OR 11 A.M. Sunday 9 A.M. OR 11 A.M.

AGES 8-12

ALL LEVELS

Trackers

75-Minute Group Lesson | \$239.00 (\$299 with rental equipment)
Skiers will be led through skills development progressions that will allow them to
become confident, proficient & responsible on the slopes. New skiers will begin with
introduction to basic movement patterns while those with previous experience will
continue to improve old skills & learn new skills for advanced terrain.

Monday 5:15 P.M. Tuesday 5:15 P.M. Wednesday 5:15 P.M. Thursday 4:30 P.M. OR 6:15 P.M.

Friday 1:00 P.M. (Homeschool), 4:30 P.M., OR 6:15 P.M. **Saturday** 10:30 A.M. **Sunday** 10:30 A.M.

AGES 8 - 14

LEVEL 5 | LEVEL 6

Freestyle Trackers

75-Minute Group Lesson | \$239.00

Designed for skiers to progress towards the next steps in blending skills for fun & exciting maneuvers over a variety or freestyle terrain features. From jumps to rails there is something to learn from any aspiring freestyle skier.

Inquire at Pro Shop for equipment leasing (season-long rental) specials.
Required: Minimum Skill level of 5 & have own equipment.

Thursday 6:15 P.M.

AGES 8 - 14

LEVEL 5 | LEVEL 6

Junior Race Club

120-Minute Group Lesson | \$259.00

Designed to further skill development towards making a carved and parallel turning & provide introduction to ski racing. Race experience or special race equipment is not required, must provide own equipment. Inquire at Pro Shop for equipment leasing (season-long rental)

Required: Minimum Skill level of 5 & have own equipment (race equipment not required).

Saturday 9 A.M.

AGES 10 - 14

LEVEL 6

Advanced Race

120--Minute Group Lesson | \$259.00

Inquire with a snow sports instructor for details!

Required: Minimum Skill level of 6 & have own equipment.

Wednesday 5:30 P.M.

Snowboard Lesson Programs for ages 3 through Adult

AGES 3 & 4

FIRST TIMERS | LEVEL 1

Kindershred

45-Minute Group Lesson | \$199.00

Designed to introduce young children to the fun of snowboarding in a social group setting. Skills are introduced through fun games and activities focusing on balancing, walking, sliding and gliding. If your child has completed one season of Kindershred, we suggest the Mini Shredders class. Children should be potty trained and willing to participate. Price includes the use of rental equipment at no additional charge.

Thursday 11:15 A.M. or 3:30 P.M. **Friday** 11:15 A.M. or 3:30 P.M. **Saturday** 10 A.M. **Sunday** 10 A.M.

AGES 6 & 7

ALL LEVELS

Junior Shredders

75-Minute Group Lesson | \$239.00 (\$299 with rental equipment) Riders will be led through skills development progressions that will allow them to become confident, proficient & responsible on the slopes. New riders are introduced to basic movement patterns while those with previous experience will continue to improve old skills & learn new skills for advanced terrain.

Monday 4:00 P.M.

Thursday 4:30 P.M. OR 6:15 P.M. **Friday** 4:30 P.M. OR 6:15 P.M.

Saturday 9 A.M. OR 11 A.M. Sunday 9 A.M. OR 11 A.M.

AGES 10 - 17

LEVEL 4 | LEVEL 5 | LEVEL 6

Turn & Shred

60-Minute Group Lesson | \$259.00 including weekly after-lesson ticket This program is designed for riders who have progressed their skills enough to be independent on both lifts & trails. A one-hour lesson experience aimed to improve skills with a lift pass to practice newly acquired skills after the lesson. Students are released from instructor's supervision after 60-minute lesson. *Inquire at Pro Shop for equipment lessing (season-long rental) specials*.

Required: Minimum Skill level of 4 & have own equipment.

Friday 6 P.M. (ticket 7 P.M. – 9 P.M.) **Saturday** 9 A.M. (ticket 10 A.M. – 4 P.M.)

AGES 13 - 99

ALL LEVELS

Grown-up Shredders

75-Minute Group Lesson | \$249.00 (\$299 with rental equipment)
This program is designed for Adults and teens! Students will enjoy the group
atmosphere of learning comfortably with their peers! Whether you're coming back to
after some time off or you're starting a new adventure our instructors have you
covered! After your lesson, enjoy some free skiing until lifts close!

Thursday 6:15 P.M. Friday 6:15 P.M.

AGES 4 - 5

FIRST TIMERS | LEVEL 1 | LEVEL 2

Mini Shredders

60-Minute Group Lesson | \$219.00 (\$279 with rental equipment)
Mini shredders are organized into groups based on their indicated skill level at
registration and their age. Newcomers will be introduced to the basics while students
with some experience will move on to bigger and better techniques!

Thursday 4:30 P.M. Friday 4:30 P.M. Saturday 11 A.M. Sunday 11 A.M.

AGES 8-12

ALL LEVELS

Shredders

75-Minute Group Lesson | \$239.00 (\$299 with rental equipment) Riders will be led through skills development progressions that will allow them to become confident, proficient & responsible on the slopes. New riders are introduced to basic movement patterns while those with previous experience will continue to improve old skills & learn new skills for advanced terrain.

Monday 5:15 P.M. **Tuesday** 5:15 P.M. **Wednesday** 5:15 P.M. **Thursday** 4:30 P.M. or 6:15 P.M.

Friday 1:00 P.M. (Homeschool), 4:30 P.M., or 6:15 P.M. Saturday 10:30 A.M. Sunday 10:30 A.M.

AGES 8 - 14

LEVEL 5 | LEVEL 6

Freestyle Shredders

75-Minute Group Lesson | \$239.00

Designed for riders to progress towards the next steps in blending skills for fun & exciting maneuvers over a variety or freestyle terrain features. From jumps to rails there is something to learn from any aspiring freestyle rider. Inquire at Pro Shop for equipment leasing (season-long rental) specials.

Required: Minimum Skill level of 5 & have own equipment.

Thursday 6:15 P.M.

AGES 12+

LEVEL 4 | LEVEL 5 | LEVEL 6

Apprentice in Training (Ski or Snowboard)

75-Minute Group Lesson | \$249.00 including weekly after-lesson ticket This class is for older Trackers and Shredders who are looking to advance their skills and prepare for a future in teaching snowsports instruction. Students in this class will work on improving skiing or riding skills, learn all aspects of safe navigation on the slopes and lifts, work together as a team within their peers to prepare themselves for a possible future in teaching snowsports. Those excelling in skills and knowledge will be invited to apply to our Snowsports Apprentice Team Training in the next season. Required: Minimum skill level of 4 & have own equipment.

Saturday 11 A.M. Sunday 9 A.M.

Program Information & Policies

Rental Equipment

All participants using Yawgoo Valley Rental equipment with this program must visit the Rental Shop for an equipment fitting. Helmets are not available for rent at Yawgoo Valley. We do offer helmets in our Pro Shop. The Pro Shop opens in November. Visit Yawgoo.com for the complete schedule.

Rental Fittings will be held in the rental shop the month of November. We will offer at least one weeknight option as well as Saturdays. This fitting ensures proper fit and guarantees your size. Please consider this prior to giving a lesson as a gift or surprise. Equipment is only available during lesson days. Extended use is permitted with the purchase of a lift ticket or season pass.

Did you know? Helmets are only crash-rated for ONE crash or hit to the head/helmet; because of this we are unable to ensure quality of every helmet.

Absences

There are no make-up days for any classes that are not attended. Additionally, we cannot switch days or squeeze-in temporarily if your child is unable to make his/her scheduled day. Note this is different from an inclement weather delay date (see below).

Inclement Weather – Delay Dates

We do not cancel classes for winter weather conditions, including wind, snow, light rain or below freezing temperatures. If we are operating, all scheduled lessons will be held unless otherwise specified.

In the rare event of excessive snow, rain, wind, or cold we will consider for the safety of everyone to close. Notifications of inclement weather will be made on our website by 7:30am that day. In the event of closure: Delay Dates will be added to the end of program until all 6-weeks are held (like a school snow day). Please keep this in mind when choosing a day as this program can be delayed to mid to late February.

Registration Changes & Refunds

All cancellations or registrations changes are subject to a \$25 administrative fee per student. All cancellation or change requests must be submitted in writing (email/mail) and received by our office by the following deadlines regardless of original registration date:

Change Requests: (\$25 fee) Includes changes in sport, day/time, rental equipment, or program types. Changes requests will be considered through November 30, pending availability.

Received by November 30: Full refund (less \$25 fee)

Received December 1 - December 19: Gift Card Credit (Less \$25 fee)

December 20 and beyond: We are no longer able to offer this program to another eligible student so we can only offer a 75% Gift Card Credit for unused portion.

Exception: If a child is sick or injured and cannot attend classes, we will refund remaining classes in-full with a physician's note.

Snow Sports Program Terms & Conditions

There are NO make-up days, refunds, or credits for lessons, rentals or lift ticket vouchers for missed classes if the area is operational. Yawgoo Valley reserves the right to cancel classes that do not minimum attendance requirements (a full refund will be issued in the very unlikely event).

Please plan accordingly, including but not limited to lesson arrival time, protective clothing choice and understanding that each day can require adjustment to schedules and protective clothing, as weather changes. Ability level advancement, group size or same instructor is not guaranteed over the consecutive weeks. The school reserves the right to cancel or change a program based on participant numbers, specific ability levels, and discipline. Students are grouped based on skill level indicated at registration.

Schedule

Classes are schedule to begin on Thursday, January 2nd, 2020. Classes are EXPECTED to be held:

Thursday: Jan. 2, 9, 16, 23, 30 & Feb. 6 (Possible Delay Dates: 13 & 20) Friday: Jan. 3, 10, 17, 24, 31, & Feb. 7 (Possible Delay Dates: 14 & 21) Saturday: Jan. 4, 11, 18, 25, & Feb. 1 & 8 (Possible Delay Dates: 15 & 22) Sunday: Jan. 5, 12, 19, 26, & Feb. 2 & 9 (Possible Delay Dates: 16 & 23) Monday: Jan. 6, 13, 20, 27, & Feb. 3 & 10 (Possible Delay Dates: 17 & 24) Tuesday: Jan. 7, 14, 21, 28, & Feb. 4 & 11 (Possible Delay Dates: 18 & 25) Wednesday: Jan. 8, 15, 22, 29, & Feb. 5 & 12(Possible Delay Dates: 19 & 26)

YAWGOO VALLEY SNOW SPORTS SCHOOL EXPERIENCE LEVEL CHART

Review these carefully this is how class assignments are determined. We are unable to track student's records year to year given everyone's exposure is different once lessons end.

First-Timer

I have never been on skis or a snowboard OR I am not yet able to stop with confidence on a gentle slope.

Level 1

SKIERS: I can move forward on flat terrain, climb and glide on slight inclines in a wedge.

SNOWBOARDERS: I can skate on flat terrain, make toe and heel side J- turns on slight inclines with front foot strapped in.

Level 2

SKIERS: I can skate on flat terrain. On easy green terrain, I can change wedge size while gliding, make shallow turns to J-turns and stop.

SNOWBOARDERS: I can perform skidded traverses and C-turns in both directions with both feet strapped in.

Level 3

SKIERS: I link wedge turns with speed control on green terrain, can stop and learning to use rope-tows and/or chairlifts.

SNOWBOARDERS: I can perform C-turns in both directions with speed control, am working on linking S-turns and learning to use the chairlift.

Level 4

SKIERS: I control speed on green and easy blue terrain. Skis begin with a wedge but align to parallel towards the end of the turn.

SNOWBOARDERS: I am linking skidded S-turns with speed control and shape on green and blue terrain.

Level 5

SKIERS: I am aligning my skis more consistently, starting and finishing turns with parallel skis. I am learning to use ski poles.

SNOWBOARDERS: I am beginning to carve turns, varying turn radius and evolving from a stacked to more dynamic turn and seeking more challenges such as terrain park features.

Level 6

I am learning to keep my skis parallel throughout the entire turn (skiers) or fine-tuning carving (snowboarders). and seeking to explore steeps, bumps, glades and varying conditions.



January Ski & Ride 6-Week Lesson Program

REGISTRATION BEGINS THE WEEK OF SEPTEMBER 16TH

Our experienced instructors will be teaching kids and adults new skills while advancing their skiing or snowboarding ability, preparing them to comfortably navigate the slopes. We offer a variety of program options for children through adults, developing skills in a fun and comfortable atmosphere! Programs are held weekly for six consecutive weeks starting January 2, 2020. Register either online or in-person only, sorry no other methods will be accepted.

Yawgoo.com 401-294-3802

